



Division of Pulmonary, Critical Care & Sleep Medicine presents

# *Sleep Symposium 2021*

## AGENDA

Sept 24, 2021

800 a.m. Welcome

8:05 Health care disparities in Sleep Medicine – Dr. Chandra Jackson

8:45 OSA phenotypes and how they translate to clinical practice – Dr. Allan Pack

9:25 OSA and Stroke- What we know now. – Dr. Sushil Lakani

10:05 Break

10:15 Pediatric narcolepsy- Dr. Robert Kowatch

10:55 Behavioral Management of Parasomnias– Dr. Kelly Glazer Baron

11:35 Lunch

12:30 Adolescent sleep – Dr. Anne May

1:10 Breakout session explanation

1:15 Joining rooms

1:30 Breakout session 1

Options

- Hypersomnia and Circadian Rhythm cases, using behavioral strategies – Dr. Kelly Glazer Baron

- Troubleshooting PAP adherence issues- Jessica Schweller CNP

2:30 Break

2:45 Breakout session 2

Options

- Non-pharmacologic approaches to insomnia cases – Dr. Lawrence Chan

- Refractory Restless Leg Syndrome cases- Dr. Ryan Donald